Table 1 presents the raw results of the survey and gives a description of each variable used thereafter.

|  |  |  |
| --- | --- | --- |
| **Total** | **Na (%)** | **N = 42 - Na** |
| ADHEEXER (10 scale) (median, min-max) *Adherence to physical activity* | 11 (26.2) | 7 (1-10) |
| ADHERHD (10 scale) (median, min-max) *Adherence to hygiene-dietetic rules* | 2 (4.8) | 8 (3-10) |
| AGE (years) (median, min-max) *Patient’s age* | / | 57 (19-77) |
| ALCAMT, n (%)  *Units of alcohol consumed* | 13 (31) |  |
| Less than 2 glasses |  | 20 (69.0) |
| Between 2 and 4 glasses |  | 8 (27.6) |
| More than 4 glasses |  | 1 (3.4) |
| ALCFREQ, n (%) *Frequency of alcohol consumption* | 2 (4.8) |  |
| Nether |  | 12 (30.0) |
| 1 to 3 days per month |  | 12 (30.0) |
| 1 to 2 days per week |  | 8 (20.0) |
| 3 to 4 days per week |  | 1 (2.5) |
| 5 to 6 days per week |  | 4 (10.0) |
| Everyday |  | 3 (7.5) |
| EPICES (score) (median, min-max) *EPICES score* | / | 22.8 (0.0-88.2) |
| FRIED, n (%)  *FRIED score* | 3 (7.1) |  |
| Not fragile |  | 5 (12.8) |
| Pre-fragile |  | 23 (59.0) |
| Fragile |  | 11 (28.2) |
| GIRERD (score) (median, min-max) *GIRERD score* | 1 (2.4) | 1 (1-4) |
| HBA1C (%) (median, min-max) *Haemoglobin A1C rate* | 10 (23.8) | 7.7 (5.4-9.2) |
| MYOINFARC yes, n (%) *History of heart attack* | 9 (21.4) | 1 (3.0) |
| NBCOMORB (integer) (median, min-max) *Number of comorbidities* | / | 1 (0-4) |
| PADCLI yes, n (%) *Peripheral arterial disease* | 10 (23.8) | 2 (6.3) |
| PERINEUCLI yes, n (%) *Diabetic neuropathy* | 15 (35.7) | 4 (14.8) |
| PHQ-9 (score) (median, min-max) *PHQ-9 score* | 5 (11.9) | 6 (0-27) |
| PHQ-9difficulty (3 scale) (median, min-max) *Scale of difficulty to answer the PHQ-9* | 4 (9.5) | 0 (0-3) |
| RFTEGFR (ml/min) (median, min-max) *Estimated glomerular filtration rate* | 14 (33.3) | 94.5 (14-130) |
| SEX male, n (%) *Patient’s sex* | / | 22 (52.4) |
| SMOK, n (%)  *Smoking status* | 3 (7.1) |  |
| Non-smoker |  | 21 (53.8) |
| Former smoker > 5 years |  | 10 (25.6) |
| Former smoker < 5 years |  | 2 (5.1) |
| Smoker |  | 6 (15.4) |
| SNCTHERA yes, n (%) *Central nervous system treatment* | 17 (40.4) | 7 (28.0) |
| SOCIALSUP yes, n (%)  *Social support* | / | 27 (64.3) |
| STATLIPTHERA yes, n (%) *Statins and hypolipidemic therapies* | 1 (2.4) | 18 (43.9) |

*Table 1: General results of the questionnaire.*

**Patient Health Questionnaire PHQ-9**

|  |  |
| --- | --- |
| **Details of PHQ-9 score** | **Total (N = 37)** |
| PHQ-9 score (0-27) |  |
| Median (min-max) | 6 (0-27) |
| Mean (SD) | 6.3 (5.6) |
| PHQ-9 score 0 to 4, *minimal depression*, n (%) | 16 (43.2) |
| PHQ-9 score 5 to 9, *mild depression*, n (%) | 13 (35.1) |
| PHQ-9 score 10 to 14, *moderate depression*, n (%) | 4 (10.8) |
| PHQ-9 score 15 to 19, *moderatly severe depression*, n (%) | 1 (2.7) |
| PHQ-9 score 20 to 27, *severe depression*, n (%) | 2 (5.4) |